### **Interest Rates and Equity Valuations**

NIELS J. GORMSEN CBS, Chicago Booth, & NBER EBEN LAZARUS UC Berkeley Haas

NBER SI Asset Pricing

JULY 2025

### Well-Known Trends: Declining Interest Rates...

**U.S. Interest Rates** 



### Well-Known Trends: Declining Interest Rates...

**Global Interest Rates: G7 Countries** 



### ...and Increasing Domestic Stock Valuations

**U.S. Value-Weighted Equity Earnings Yield** (*E*/*P*)



Tempting line of reasoning:

interest rates  $\searrow \implies$  discount rates  $\searrow \implies$  equity prices  $\nearrow$ 

... but empirically, interest rates and equity valuations are often disconnected:



Tempting line of reasoning:

interest rates  $\searrow \implies$  discount rates  $\searrow \implies$  equity prices  $\nearrow$ 

Stock-yield disconnect arises because interest rates are endogenous:



Tempting line of reasoning:

interest rates  $\searrow \implies$  discount rates  $\searrow \implies$  equity prices  $\nearrow$ 

Stock-yield disconnect arises because interest rates are endogenous:



Bonds and stocks move 1-for-1 only under (ii). Weaker/neg. comovement for (i) & (iii).

Tempting line of reasoning:

interest rates  $\searrow \implies$  discount rates  $\searrow \implies$  equity prices  $\nearrow$ 

Stock-yield disconnect arises because interest rates are endogenous:



Our goal: Decompose  $\Delta r^*$  to estimate pass-through & importance of each component to equity.

### Main Results: Long-Term Decomposition



# Implications for a Range of Literature

- 1. The impact of falling rates on wealth accumulation & ineq. [Catherine et al. 2023, Greenwald et al. 2023]
  - ▶ In U.S., only 35% of the decline in interest rates has passed through to stock prices
  - Assuming full pass-through overstates impact
- 2. Duration-matched equity premia [van Binsbergen 2024; Andrews & Gonçalves 2020]
  - Sizable equity premium relative to pure discount-rate claim (more precise meas. of ex ante RP)
- 3. Duration in the cross-section of stock returns [Gormsen & Lazarus 2023, Moskowitz & Maloney 2021
  - Pure discount-rate exposure reveals substantial cross-sectional differences in duration
- 4. In paper: Unpacking monetary policy shocks, effects of changing profit shares, and more

# Roadmap

#### 1. Introduction

- 2. Theoretical Decomposition
- 3. Empirical Implementation
- 4. Additional Implications
- 5. Final Notes

### Decomposition for Interest-Rate Changes

- ▶ **Goal:** Decomposition of changes in trend long-term real rate *r*<sup>\*</sup>
- Stochastic discount factor  $M_{t+1} \Longrightarrow$  gross risk-free rate  $R_{t+1}^f = 1/\mathbb{E}_t[M_{t+1}]$ . Logs:

$$r_{t+1}^{f} = -\mathbb{E}_{t}[m_{t+1}] - \underbrace{L_{t}(M_{t+1})}_{\text{SDF entropy}}$$
$$\log \mathbb{E}_{t}[M_{t+1}] - \mathbb{E}_{t}[m_{t+1}]$$

**Consumption-based benchmark:** CRRA  $\gamma$ , discount factor  $\beta_t = e^{-\rho_t}$ , log growth  $g_{t+1} = c_{t+1} - c_t$ 



### Decomposition for Interest-Rate Changes

~

- ▶ Goal: Decomposition of changes in trend long-term real rate *r*\*
- Stochastic discount factor  $M_{t+1} \Longrightarrow$  gross risk-free rate  $R_{t+1}^f = 1/\mathbb{E}_t[M_{t+1}]$ . Logs:

$$r_{t+1}^{f} = -\mathbb{E}_{t}[m_{t+1}] - \underbrace{L_{t}(M_{t+1})}_{\text{SDF entropy}}$$

**Consumption-based benchmark:** CRRA  $\gamma$ , discount factor  $\beta_t = e^{-\rho_t}$ , log growth  $g_{t+1} = c_{t+1} - c_t$ 

$$r_{t+1}^{f} = \rho_{t} + \gamma \mathbb{E}_{t}[g_{t+1}] - L_{t}(M_{t+1})$$
  
 $r^{*} = \rho^{*} + \gamma g^{*} - L_{M}^{*}$ 

- Interpretation:  $\Delta r^*$  reflects changes in (i) time preference (pure discounting), (ii) growth, or (iii) risk
- ▶ Less restrictive: Additive decomposition for log SDF [Hansen 2012] ⇒ general analogue holds

$$r_{t+1}^{f} = \underbrace{\rho_{t}}_{\text{predetermined trend trend trend}} + \underbrace{\mathbb{E}_{t}[f(X_{t+1}) - f(X_{t})]}_{\text{diff. for Markov X}} - \underbrace{L_{t}(M_{t+1})}_{\text{uncertainty/prec. savings}}$$

# **Implications for Equity Prices**

- Equity: Levered claim to consumption,  $d_t = \lambda c_t$  [robustness:  $d_t \not < c_t$ ], risk prem.  $rp_t \equiv \mathbb{E}_t[r_{t+1}^{\text{mkt}}] r_{t+1}^f$
- Steady state for equity dividend yield  $ey^* \equiv \log(1 + (D/P)^*)$ :

$$ey^* = r^* + \underbrace{rp^*}_{L^*_M - L^*_{MR}} - \lambda g^*$$

- ▶ Holds to 1<sup>st</sup> order ∀*t* if *eyt* is (i) random walk or (ii) stationary [using Campbell-Shiller sums]
- $\frac{\partial ey^*}{\partial r^*}$  has no structural interpretation; instead, want  $\partial ey^*$  for each of the three terms in  $r^*$

# Real Rates and Equity Valuations

Result 1	
Real rate:	$r^* = \rho^* + \gamma g^* - L_M^*$
Equity yield:	$ey^* = r^* + rp^* - \lambda g^*$
	$= \rho^* + (\gamma - \lambda)g^* + (rp^* - L_M^*)$

#### Implications:

- Only change in pure discount rate  $\rho^*$  generates 1-for-1 comovement in  $r^*$  and equity yields  $ey^*$
- For growth and risk shocks, offsetting components give weaker or negative passthrough ("impure" discount rate shocks)

# Implications for Equity Duration

- **Equity duration** *D*: Defined as the value-weighted time to maturity of expected cash flows
- Often referred to as relevant for measuring interest-rate sensitivity of equity...but care is needed
- Real rate:  $r^* = \rho^* + \gamma g^* L_M^*$

#### **Result 2** (*Three Interest-Rate Sensitivities*)

Duration is equal to the interest-rate sensitivity of stock prices w.r.t. pure discount-rate shocks, but not w.r.t. growth shocks or risk shocks:

(i) 
$$-\frac{\partial \log P}{\partial \rho^*} = \mathcal{D}$$
, (ii)  $-\frac{\partial \log P}{\partial (\gamma g^*)} < \mathcal{D}$ , (iii)  $-\frac{\partial \log P}{\partial (-L_M^*)} < \mathcal{D}$ 

with exact expressions provided in the paper.

Only a change in  $r^*$  induced by  $\rho^*$  moves equities in line with duration.

# Roadmap

### 1. Introduction

- 2. Theoretical Decomposition
- 3. Empirical Implementation Measurement Secular Trends Higher-Frequency Changes & Forecasting
- 4. Additional Implications
- 5. Final Notes

### Measurement Strategy

#### For each date & country, want to decompose trend real rate into components:



We'll measure  $r^*$ ,  $g^*$ , and  $L_M^*$  directly from surveys & options data, then back out  $\rho^*$ .

# Measurement Strategy

#### For each date & country, want to decompose trend real rate into components:



Survey data: Consensus Economics long-term forecasts [1990–2023, 2-4x/yr, 20-30 forecasters per country]

- ▶ *r*\*: 5-year-ahead forecast of 10-year bond yield − forecast of inflation
- $g^*$ : 5-year-ahead forecast of real output growth

#### Key features:

- (i) Long-hor. forward forecasts remove cyclical variation that affects short-hor. forecasts
- (ii) Data available in panel of countries
- (iii) Lower volatility and predictable mean-reversion than, e.g., SPF or IBES data

Options data: Global panel of index options from OptionMetrics

- ►  $L_M^*$ : proxy using VIX<sup>2</sup> ( $L_M^* \propto VIX^2$  under set of assumptions)
- Calculate 6-month VIX<sup>2</sup> using option prices

### Measurement Strategy

For each date & country, want to decompose trend real rate into components:



Survey data: Consensus Economics long-term forecasts [1990–2023, 2-4x/yr, 20-30 forecasters per country]

- ▶  $r^*$ : 5-year-ahead forecast of 10-year bond yield forecast of inflation
- ▶  $g^*$ : 5-year-ahead forecast of real output growth

Options data: Global panel of index options from OptionMetrics

- L<sub>M</sub><sup>\*</sup>: proxy using 6-month VIX<sup>2</sup>, calculated from option prices
- *ρ*\*: Back out as residual from panel regression (quarter t, country j):

$$r_{t,j}^* = \gamma g_{t,j}^* + \beta_j \text{VIX}_{t,j}^2 + \underbrace{\text{Constant} + \text{FE}_j + \varepsilon_{t,j}}_{\rho_{t,j}^*}$$
$$[\widehat{\gamma} = 2.1^{***}, \overline{\widehat{\beta}_i} = -4.0^{**}, \text{Within } R^2 = 0.61]$$

### **Time-Series Decomposition Results**

U.S. Estimation Results: Decomposition of  $r^*$ 



### **Time-Series Decomposition Results**

U.S. Estimation Results: Alternative Version Using Short-Rate Forecast



### **Time-Series Decomposition Results**

U.S. Estimation Results: Valuations and the Pure Discounting Term



# Main Results: Full-Sample Decomposition



#### Strikingly good fit!

- As theory predicts, valuations move 1:1 with  $\Delta \hat{\rho}^*$
- **Further:** Intercept of 0, corr. near 1 (recall  $ey^*$  not used to get  $\hat{\rho}^*$ !)
- $\implies$  to understand long-run valuations,  $\Delta \widehat{\rho}^*$  is nearly sufficient
  - Natural Q: What drives pure discount-rate changes?
    - Time pref. shocks: unlikely
    - More later, but important question going forward

# Main Results: Full-Sample Decomposition



Equity moves negatively with remaining predicted yield ("impure" discounting)  $\implies$  overall weak relationship. Yield changes do not in general transmit to risky assets.

### Main Results: Full-Sample Decomposition



Equity moves negatively with other terms  $\implies$  yield changes do not in general transmit to equity. **U.S.:** Transmission of  $\Delta r^*$  to equity has only been  $\Delta \rho^* / \Delta r^* = \frac{-0.9}{-2.5} \approx 35\%$ .

# Rate Sensitivities and Equity Duration

#### **Regressions for Three-Year Stock Returns**

	(1) U.S.	<b>(2)</b> U.S.	<b>(3)</b> All	<b>(4)</b> All
$\Delta 10y$ yield	4.19 (3.51)		-3.39 (2.20)	
$\Delta$ pure discount $(\widehat{\Delta \rho_t^*})$		-19.1** (7.64)		-9.61** (3.26)
$\Delta$ exp. growth		-1.49 (14.0)		16.9* (8.82)
$\Delta \text{VIX}^2 \times 100$		-3.08** (1.33)		-5.44*** (0.90)
Country FEs	X	×	$\checkmark$	$\checkmark$
Obs.	74	74	781	781
$R^2$	0.04	0.20	0.05	0.27
Within $R^2$	_	_	0.02	0.24

All changes contemporaneous. SE: (1)-(2) block bootstrap, (3)-(4) clustered by j & t.

Weak yield exposure *except* for ρ\* shocks, exactly in line with theory

• **Duration:**  $-\frac{\partial \log P}{\partial \rho^*} \approx 19$  y for U.S.

[lower bound given meas. uncertainty in  $\widehat{\Delta 
ho_t^*}]$ 

- $\Rightarrow$  Measurement also works at higher freq.
- In paper:  $\rho^*$  strongly predicts **future** ret.

### Robustness to Alternative Measurement Approaches

Results are robust under a range of approaches:

- 1. Alternatives to Consensus survey data: Using SPF to measure  $g^* \& r^*$  in U.S.
  - Same secular change in pure discounting term ( $\Delta \hat{\rho}^* \sim -1\%$  in the U.S.)
  - Somewhat weaker fit in time series, consistent with less precise measurement
- 2. Alternatives to VIX<sup>2</sup> for uncertainty: Estimating uncertainty via GARCH or using uncertainty index
  - Uncertainty matters mostly for higher-frequency variation
  - No impact on main results; slightly higher estimated market duration
- 3. Accounting for time-varying profit shares:
  - ► Easy to generalize to allow for changing profit shares & output growth 🕫 dividend growth
  - ▶ We see expected profit growth in U.S. Consensus data, or can use IBES LTG; neither affects results

# Roadmap

### 1. Introduction

- 2. Theoretical Decomposition
- 3. Empirical Implementation
- 4. Additional Implications Cross-Sectional Portfolios A Significant Duration-Matched Equity Premium
- 5. Final Notes

### Cross-Sectional Evidence: Duration-Sorted Portfolios

#### Portfolio Exposures to Unadjusted Yield Changes



Long-duration portfolios are not substantially more exposed to raw interest-rate changes...

### **Cross-Sectional Evidence:** Duration-Sorted Portfolios

#### Portfolio Exposures to Pure Discount Rates and Yields



[U.S. duration-sorted portfolios via Gormsen & Lazarus 2023, based on predicted LTG]

Long-duration portfolios are not substantially more exposed to raw interest-rate changes... 

...but they're substantially more exposed to  $\rho^*$  shocks, implying large duration spread 

Cumulative Excess Returns for the U.S. Market



#### Cumulative Excess Returns for the U.S. Market



▶ Long-term nominal bonds have had high returns → low apparent duration-matched premium

- ▶ But long-term bonds differentially exposed to growth & risk, so we consider new counterfactual
- Construct **maturity-matched** (D = 19y) **pure discounting claim** that appreciates when  $\rho^* \searrow$

#### Cumulative Excess Returns for the U.S. Market



▶ Long-term nominal bonds have had high returns → low apparent duration-matched premium

Construct maturity-matched (D = 19y) pure discounting claim that appreciates when  $\rho^* \searrow$ 

Market has 6.1% ann. excess return relative to this claim: cleaner measure of ex ante premium

#### Cumulative Excess Returns for the U.S. Market



Additional empirical implications:

Rates & the declining value premium

Unpacking monetary policy shocks

# Roadmap

#### 1. Introduction

- 2. Theoretical Decomposition
- 3. Empirical Implementation
- 4. Additional Implications
- 5. Final Notes

### **Final Notes**

New framework & measurement tools to decompose changes in rates into underlying drivers.

#### **Two interpretations:**

- 1. Glass half empty: Rate changes matter less for stocks than one might think.
  - ▶ Rate changes transmit only partly to stocks (U.S.: 35%); assuming full transmission may be misleading
- 2. Glass half full: Transmission is quite strong, once you isolate the right component.
  - $\Delta$  pure discounting component of rates  $\stackrel{\sim}{\longleftrightarrow} \Delta$  valuations
  - Understanding drivers of  $\rho^*$  goes a long way to understanding secular valuation changes

#### **Natural next question:** What explains $\rho^*$ changes?

**In paper:** Net capital flows, MP shocks as drivers of  $\Delta \rho^*$  (in theory & data), but worth exploring more

Appendix

# Interpreting the Growth & VIX Contributions



Left: Raw best-fit line does not pass through origin.

**Right:**  $\Delta \rho_{t,i}^*$  accounts for most of the variation.

Back to main

### Robustness: SPF Survey Data

Consensus vs. SPF: U.S. Long-Term Growth Expectations



### Robustness: SPF Survey Data

Consensus vs. SPF: U.S. *r*<sup>\*</sup> Estimates



### Robustness: SPF Survey Data

Consensus vs. SPF: Pure Discounting Estimates and Equity Yields



# Robustness: Time-Varying Profit Shares in Theory

- ▶ Greenwald, Lettau, Ludvigson (2025): 40% of equity returns since '89 attributable to rising profit share
- How does this affect our analysis?
- ▶ **Real rate:** Same decomposition applies:  $r^* = \rho^* + \gamma g^* L^*_{M'}$ , where  $g^*$  is output growth
- **Equity:** Rising profit share  $\pi$  can increase equity **prices** & **earnings** without affecting equity **yields** 
  - Holds if  $\Delta \pi$  is unanticipated level shock with no change in expected div. growth  $g_d^*$
  - GGL25 estimate that this describes U.S. data ( $\pi$  is mean-reverting)

### Robustness: Time-Varying Profit Shares in Theory

- ▶ Greenwald, Lettau, Ludvigson (2025): 40% of equity returns since '89 attributable to rising profit share
- How does this affect our analysis?
- **Real rate:** Same decomposition applies:  $r^* = \rho^* + \gamma g^* L_M^*$
- **Equity:** Rising profit share  $\pi$  can increase equity **prices** & **earnings** without affecting equity **yields**
- ▶ More generally: Decoupling expected output growth  $g^*$  & div. growth  $g_d^*$  (i.e., Corr < 1) leads to

$$ey^* = \rho^* + \gamma g^* - g_d^* - L_{MR}^*$$

- ▶ Theoretical implications for change in *r*<sup>\*</sup> on *ey*<sup>\*</sup> are the same as before
  - Only pure discounting shocks pass through directly
  - ► As long as  $Corr(g^*, g_d^*) > 0$ , weaker pass-through from growth shocks
  - Pure  $g_d^*$  shocks are entirely separate from  $r^*$  dynamics. Defining  $\pi^* \equiv g_d^* \lambda g^*$ :

$$ey^* = \rho^* + (\gamma - \lambda)g^* - \pi^* - L_{MR}^*$$

# Robustness: Time-Varying Profit Shares in the Data

- ▶ Greenwald, Lettau, Ludvigson (2025): 40% of equity returns since '89 attributable to rising profit share
- How does this affect our analysis?
- **Real rate:** Same decomposition applies:  $r^* = \rho^* + \gamma g^* L_M^*$
- **Equity:** Rising profit share  $\pi$  can increase equity **prices** & **earnings** without affecting equity **yields**
- ▶ More generally: Decoupling expected output growth  $g^*$  & div. growth  $g_d^*$  (i.e., Corr < 1) leads to

$$ey^* = \rho^* + \gamma g^* - g_d^* - L_{MR}^*$$

- **Empirically:** Two proxies for  $g_d^*$  in U.S. data
  - 1. Agg. earnings growth forecast (LTG) [Nagel–Xu 2022]: for full sample,  $\Delta g_d^* = -0.60$ ,  $\Delta g^* = -0.70$
  - 2. Expected profit growth via Consensus: for avail. sample (since '98),  $\Delta g_d^* = -1.26$ ,  $\Delta g^* = -0.50$
- So in U.S., Δprofit shares don't appear to affect results (nor for high-freq., or w/ alt. vol. meas.)

#### Back to main

# Higher-Frequency Equity Return Accounting

Decomposition of U.S. Value-Weighted Equity Returns



# Duration-Sorted Portfolios in Global Sample

Portfolio Exposure to Pure Discount Rates and Yields: Global Stocks



- Long-dur. portfolios are substantially more exposed to ρ\* shocks (despite their negative CAPM alphas)
- Implies a significant spread between lowest- and highest-duration stocks
- Also apparent for global stocks (and similarly for raw yield exposures)



### Discount-Rate Shocks and Value Returns

- ▶ Declining value premium? Value stocks have underperformed growth stocks since ~2006
- How much is due to interest rates?



#### **Cliff's Perspective**

Is Value Just an Interest Rate Bet?

Spoiler Alert: Not Even Close

August 11, 2022

### **Discount-Rate Shocks and Value Returns**

- Declining value premium? Value stocks have underperformed growth stocks since  $\sim 2006$
- How much is due to interest rates? We'll mostly agree



Adj.  $R^2 = -0.17$ • USA

 $\Delta r^*$  (1990–2023, %)

### Discount-Rate Shocks and Value Returns

- ▶ Declining value premium? Value stocks have underperformed growth stocks since ~2006
- How much is due to interest rates? We'll mostly agree...but not fully. HML is short-duration, exposed to recent discounting shocks.
- ▶ While pure discount contribution is often important, clearly not the full story (note scale)



### Discount-Rate Shocks and Value Returns: Global Evidence



Pure discounting changes important, but not the full story (& other long-duration portfolios have done well)

Back to main

# What Is a Monetary Policy Surprise?

#### Papers often treat MP surprise as if it were a pure discount-rate shock

- The surprise  $\Delta FF_t$  may be exogenous, but yield change  $\Delta y_{\text{long-term},t}$  depends on  $\Delta$  pure discount rate, expected growth rate, & uncertainty *given* surprise... and stock return does **not** identify duration
- ▶ If pos. MP shocks are contractionary & increase VIX,  $\Delta \rho_{t,j} > \Delta y_{t,j}$ . With an info. effect, ambiguous.
- Our estimates, along with  $\Delta y_t$ ,  $r_t^{\text{mkt}}$ , and  $\Delta \text{VIX}_t^2$  given identified MP surprises, allow us to invert two equations for two unknowns,  $\Delta g_t$  and  $\Delta \rho_t$ :

Bonds: 
$$\Delta y_t = \Delta \rho_t + \widehat{\gamma} \, \Delta g_t - \widehat{\beta}_j \, \Delta \text{VIX}_t^2$$

Stock returns:  $r_t^{\text{mkt}} = \hat{\pi}_{\rho} \Delta \rho_t + \hat{\pi}_g \Delta g_t + \hat{\pi}_V \Delta \text{VIX}_t^2$ 

• We back out  $\Delta \rho_t$  and  $\Delta g_t$  for each MP announcement and regress each on Bauer & Swanson (2023) orthogonalized MP shock: (1)  $\beta_{\rho} = 0.29^{***} [R^2 = 0.30]$ , (2)  $\beta_g = 0.07^* [R^2 = 0.04]$ 

 $\implies$  75% of MPS is pure discounting shock, but some info. effect on average (can also do t-specific plots)

Similar conclusions to Nagel & Xu (2024), using different methods

Back to main

# Pure Discounting Changes and Capital Flows in the U.S.



**In paper:** Net capital flows can induce  $\Delta \rho_{t,i}^*$  in theory (given  $\Delta r_{t,j}^*$  without large  $\Delta$ fundamentals)



### Pure Discounting Changes and Capital Flows Across Countries



**In paper:** Net capital flows can induce  $\Delta \rho_{t,i}^*$  in theory (given  $\Delta r_{t,j}^*$  without large  $\Delta$ fundamentals)

